

Deconstructing our own Apprenticeship:

Personal Reflections

Preparation for Becoming a Preceptor

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A personal journey

Overall would you describe your own apprenticeship as a positive or as a negative experience?

Why?

If your daughter decided to be a midwife, would you want her to have an apprenticeship like yours?

Why or why not?

What would you have liked to have been different in your apprenticeship?

If you could go back in time, what advice would you give to yourself at the beginning of your apprenticeship?

What words would you choose to associate with your personal experiences with preceptors?

Circle all that apply: Relational Strict Understanding Supportive Distant
Unfair Hard Role Model Not the kind of midwife I want to be
Exactly the kind of midwife I want to be Hard to get along with Flexible
Not Flexible Open to questions Available Teacher Wise Helpful
Not the greatest, but all that was available Quirky Reliable Responsible
Did things her own way Thought her way was the only way Open to new ideas
Old school Traditional Progressive Legalistic Bully
Followed state guidelines Rebel Loner Easy to get along with
Respected by other midwives Had lots of issues with clients Hard to get along with
Someone who changed my life for the better Friend Boss Bossy
Difficult to talk to Trustworthy Unpredictable Arbitrary Knowledgeable
Out of touch Touchy Sensitive Overly Sensitive Empathetic Intuitive
Easy to talk to Fun to be with Hands on Hands off Micromanager
Laid back Empowered me Pushed me to excel Was threatened by me
Uptight Consistent Inconsistent Didn't do what she said she would do for me
Let me down Made my life miserable Helped me succeed Was hard to talk to
Was easy to talk to I liked spending time with them We really clashed A good example
Was hard on me, but it was justified and now I am grateful Expert Confident
Was way harder on me that was reasonable I respected them even when I didn't agree with them
Treated me with respect Did not treat me with respect Treated me unfairly
Pressured me into doing things I wasn't comfortable with Did not follow state laws
Couldn't handle it if I disagreed with them Welcomed my questions Defensive
I felt unsafe going to births with them I liked going to births with them
I understand her point of view now more that I am a midwife Abusive
Now that I am a midwife I realize she was more off base than I knew at the time
I was ready to be done and move on from that relationship Equal parts good and bad
I never want to see my preceptor again We are still friends and I still call them for advice